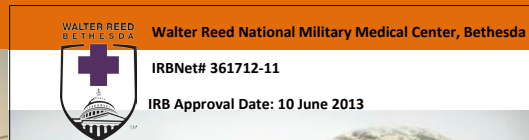


# DID YOU SERVE IN IRAQ OR AFGHANISTAN? DO YOU HAVE SYMPTOMS OF PTSD?

## YOU MAY BE ELIGIBLE IF:

- You have symptoms of OIF/OEF combat related PTSD
- You are in generally good health
- You have not lost consciousness for more than one hour after blast exposure



Please join our research study to improve the treatment of PTSD by combining exposure therapy with a medication called D-Cycloserine, which has been FDA-approved for treatment of other conditions though not PTSD.

PTSD SYMPTOMS MAY INCLUDE: Repetitive, unwanted memories, sleep problems or nightmares, nervousness, jumpiness, or anxiety, and/or difficulty concentrating?



For more  
information, contact  
**Patti Taylor at  
240 507 6339**

If eligible, you may be asked to participate in a **9-week research study**, in which

- **All participants receive the recommended treatment for PTSD: Exposure Therapy** (with or without virtual reality)
- Some participants receive a low dose of **D-Cycloserine**, while others receive a placebo (a sugar pill), taken once a week

**All information is strictly confidential.**

Weekly study visits will take place at the National Intrepid Center of Excellence (NICoE) in Bethesda. WRNMMC neither encourages nor discourages your participation in this research

Protocol Title: Enhancing Exposure Therapy for PTSD: Virtual Reality and Imaginal Exposure with a Cognitive Enhancer  
Principal Investigator: COL (R) Michael J. Roy, Medical Corps, U.S. Army, MD, MPH  
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